

The ELI Professional training and coaching for excellence.



Valorie H. Lasley

- Trainer
- Coach
- Author

Professional Coaching

Change your life using the KAL Principle

Know what it is you want

Accept what you have to do to get what you want

Live what you have now created

The best way to have the future you want is to create it. It is within your power to do so. Allow me to show you how. Coaching is available in the following areas:

Healing the Hurt

Life after Divorce

Coping with the Death of a Loved One

Building Self-Esteem

Managing Stress

Becoming More Organized

How to Set Boundaries

Finding Purpose and Peace

Living With Your Teen Ager

If you are ready to walk on your path of change, call The ELI at 502-718-9927 .

The ELI

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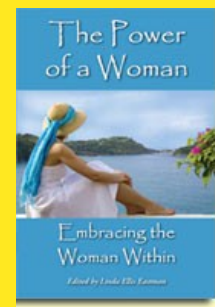
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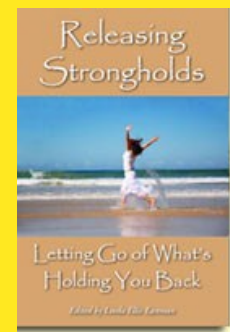
Books



The Battle is the Lord's is a story about the abuse suffered by a woman from childhood into adulthood. The majority of the book is written in poetry form. It is a creative way to express and reveal raw emotions surrounding the pain of abuse. Release date-March 2006



The Power of a Woman, Embracing the Woman Within, is a collaborative work in which the reader receives powerful insights on how to connect to her inner strength. Release date- August 2011



Releasing Strongholds, Letting Go of What's Holding You Back is a powerful book that speaks to the strongholds that many women battle. The book also provides useful information on how to win the battles and become a victor instead of a victim. Release date—March 2012