

The background image shows two women in professional attire. The woman on the left is wearing a white blazer and is looking down at a laptop. The woman on the right is wearing a grey top and a necklace, and is smiling while looking at a document. They appear to be in a collaborative work environment.

THE SELF- ARCHITECT: REDESIGNING YOUR LIFE

Twenty-five consultants, life coaches and seminar leaders have written a powerful book for living life with high self-esteem, direction and confidence.

Edited by
Linda Ellis Eastman