

THE BABY BOOMER'S HANDBOOK FOR WOMEN

Fifty international consultants, seminar leaders, and life coaches share powerful information about self-acceptance, confidence building and creating the life you want.



How to Deal with Stress & Anxiety - Getting Over Getting Older!
Lessons from Our Mothers - Overcoming the False-Self Syndrome
Looking Terrific at Any Age! - Dating After Divorce - Facing Fears
Money Savvy & Accumulating Wealth - The Power of Hope

Edited by

Linda Ellis Eastman

Founder of The Professional Woman Network