

The Young Woman's Guide for Personal Success

For Teenage Girls and the
People Who Love Them

- ~ Social Etiquette & Manners ~ The Art of Travel
- ~ Image & Fashion ~ Money Management
- ~ Overcoming Hurt & Sadness
- ~ Wardrobe Organization
- ~ Dealing with Stress
- ~ Developing a Positive Attitude
- ~ Preparing for College or a Career
- ~ 20 Strategies for Increased Self-Esteem
- ~ Emotional Wellness ~ Handling Peer Pressure

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